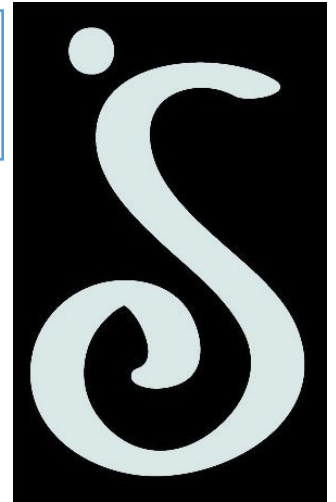


S. I. L. B. NEWS

September / October 2014

Welcome back from "summer vacation."



BIRTHDAYS

September 4th
Margie Hersh
Jana Martin

September 10th
Maggie Shapiro

September 12th
Monika Dieckmann

September 17th
Margaret Stimson

September 20th
Kimberly BeDell

September 26th
Jane Benson

September 28th
Dorothy Deatherage

September 30th
Louise Carlson

October 2nd
Judy Hess

October 17th
Marie LaFortune
Doris Moore

October 21
Judy Griffin

October 27th
Diane DeWalsche

October 29th
Lori DeLaney

UPCOMING EVENTS

- | | |
|--------------|--|
| September 3 | Business Meeting
The Grand—12 noon
<i>Chicken or Vegetarian Tostada</i> |
| September 16 | Ex Pros
Malarkys—12 noon |
| September 24 | Board Meeting
12 noon |
| October 1 | Business Meeting
The Grand—12 noon
<i>Asian Chicken Salad</i> |
| October 9 | Scrabble Night
Judy Murphy's home — 6 p.m.
<i>(see page 4 for details)</i> |
| October 15 | League of Women Voters
The Grand—12 noon
<i>Chef's Salad or Vegetarian Salad</i> |
| October 18 | Camino Real Region Fall Workshop
"Leading Change Together. Increased Collective Impact"
Northridge |
| October 22 | Board Meeting
Wendy Puzarne's home —12 noon |
| November 5 | Business Meeting
The Grand — 12 noon
<i>Beef or Vegetarian Tostada</i> |
| November 13 | S.I.L.B. Book Club
<i>(see page 4 for details)</i> |
| November 19 | Hall of Fame
The Grand —12 noon
<i>Chicken Salad or Vegetarian Sandwich on Wheat</i> |
| November 24 | Board Meeting
Judy Pedneault's home —12 noon |



President's Message

Dear Friends,

The new Soroptimist year has begun, and there are so many exciting things being planned! My year is already in full swing: I attended the SIA Convention in Vancouver at the end of July and learned about the plans for the exciting new program for girls, Dream it, Be it, that will roll out in 2015. The convention was inspiring, learning about what Soroptimists are doing around the world. Did you know that Soroptimists are advising the United Nations on women's issues, including human trafficking, domestic violence, and women's health? Or that we are helping women in Africa with technology that allows them to make their drinking water safe to drink? Visit the www.soroptimist.org and the www.soroptimistinternational.org to learn more. We are making a difference!

The Avalanche:



I also attended the business meeting and learned about the changes to the bylaws, including changing the membership requirement requiring that candidates be professional women. This will allow all women who want to help women and girls to be able to join. Additionally, the Women's Opportunity Awards has been rebranded as Live Your Dreams Awards, and many new materials to promote the program and a new Live Your Dreams website have been created. Additionally, a dues increase was approved by the delegates. All of the proposed changes will be sent out to the clubs to review and vote on this fall.

Additionally, I attended an all day training event for the Camino Real Region in August, and learned more about the resources that the region officers provide, as well as learning what many of the other clubs in our region (there are 26!) are doing. The Fall District Workshop is coming up on October 18th in Northridge, and I encourage you to attend. Jaye has blasted out the registration form, which I need returned to me as soon as possible, so we can submit the all together.

The Power of Working Together for Women and Girls

Our brand new blue books are out (thank you, Jaye!) and everyone who attended our first business meeting this past week has theirs. Many of the committees are meeting this month at locations convenient to the members. If you haven't joined a committee or two already, can I suggest the Live Your Dreams Committee-which is still in need of members-and is one of the most gratifying opportunities. Just email Josephine Fitzpatrick at jofitz-42@gmail.com. It takes all of us, working together, to accomplish our goals! I look forward to seeing all of you at the next meeting!

You are the Best!

Rosalie

S.I. of the Americas' News

**DREAM INEW PROGRAM FOR GIRLST, BE IT! INTRODUCING
SI OF THE AMERICAS' NEW PROGRAM FOR GIRLS**



Soroptimist International of the Americas recently launched a new Federation-wide program to help girls overcome obstacles and live their dreams. In this week's SoroptiVoice blog, SIA's Senior Director of Program Services Lori Blair and Program Manager Nora Blumenstein introduce the new program.

In July at the 42nd Biennial Convention in Vancouver, SIA launched *Dream It, Be It: Career Support for Girls*. This program will help girls grow up to be strong, successful, happy adults.

Dream It, Be It targets girls in secondary school who face obstacles to their future success. It provides girls with access to professional role models, career education and the resources to live their dreams. Soroptimist clubs in 19 countries and territories work in partnership with girls in small groups or a conference setting to provide them with the information and resources they want and need to be successful. The topics covered include career opportunities, setting and achieving goals, overcoming obstacles to success and how to move forward after setbacks or failures.

This new program is the result of two years of research and design. The research included:

Surveys completed by girls: SIA administered an electronic survey to girls ages 11-20 around the world, asking about the issues girls face and what support would matter most. In total, SIA received survey responses from 413 girls in 22 countries and territories.

Focus groups of girls: SIA clubs were invited to conduct 90-minute focus groups with girls in their local communities. In total, 70 clubs conducted 50 focus groups in seven countries throughout SIA: Brazil, Canada, Japan, Korea, Philippines, Mexico and the United States of America.

Expert interviews: SIA interviewed adolescent girl experts from Girl Scouts USA, World Vision, Open Society Foundations, Girls Leadership Worldwide and Sara Nowling, the author of *For All Our Daughters: How Mentoring Helps Young Women and Girls Master the Art of Growing Up*.

Soroptimist club members: In July 2012, more than 650 members attending the *Focus on Girl* luncheon at SIA's 42nd Biennial Convention were asked to brainstorm about what girls need and how Soroptimist could leverage its resources to meet those needs. In addition, 314 club presidents completed surveys providing more information about the needs and preferences of their clubs regarding new girl program concepts.

International research: SIA assessed international research and statistics from a range of publications produced by sources such as the United Nations, International Center for Research on Women, the Population Council, and the U.S. Department of State.

The research pointed to a clear intersection between what girls need and what Soroptimists could deliver – career resources, guidance and support. During focus group discussions, girls' responses—both what they said and what they did not say—identified a need for career mentors and role models to guide them as they seek to live their dreams. Specifically, girls expressed a need for more first-hand information from professionals working in their field of interest. When asked what would be most helpful for women in the community to do to assist girls, girls requested guidance and direction. [Read the full research report here.](#)

Using the Dream It, Be It Club Planning toolkit, SIA clubs are asked to begin preparing to participate in this program during the 2014-2015 club-year. The toolkit contains all of the necessary resources and instructions to do so, including:

- Conducting a community assessment
- Identifying community partners
- Choosing between small group mentoring and a conference
- Working with girls including ways to involve them in the planning
- Establishing a budget.

Focusing on preparation during the 2014-2015 club year will ensure a successful start to the program in the 2015-2016 club

UPCOMING EVENTS

16TH ANNUAL CAMINO REAL DISTRICT FALL WORKSHOP

SATURDAY, October 18, 2014

Northridge Woman's Club

18401 Lassen Street, Northridge, CA

Consider attending this year's Fall Workshop for the Camino Real District. If you are interested, please let Rosalie know as the deadline for registration is October 1.

SILB SCRABBLE NIGHT

Everyone Is invited to a light supper and an evening of friendly Scrabble on Thursday, October 9th at Judy Murphy's home, 6340 Riviera Circle in Bixby Riviera.

Dinner's main course will be provided. Each person attending is asked to bring an appetizer, dessert, or beverage.

A sign up sheet will be circulated at the October meeting, or RSVP to Judy Murphy at 562 430-3937.

This is a quarterly activity and is a great way to enjoy old friendships and make new ones.



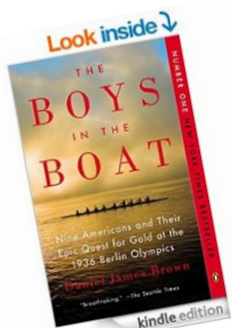
SILB BOOK CLUB

Also held quarterly, the SILB Book Club chooses a book each quarter to read, review, and discuss at the subsequent Book Club meeting. Everyone is invited to attend and participate in these lively discussions.

The next Book Club meeting will be held November 13. Location to be announced.

The book for the next meeting is **“The Boys in the Boat.”**

The meal format is the same as Scrabble Night.



SOROPTIMIST HAPPENINGS

KIRSTEN, SWEDISH SOROPTIMIST VISITOR

May 7-10, 2014



Dear SILB,

Thank you for being the wonderful women you are. Kirsten said her whole trip was amazing but that the last stop, Long Beach was the icing on the cake. She said that the experience changed her. When I asked how she would be different she said that she would focus on being more helpful to others. Thank you to all the Soroptimists who helped host and to those who came to events as well.

Sabira Tejani for reminding Kirsten how much she loved golf.

Renee Simon for arranging the use of her club house for the pot luck and providing sustenance from her wine cellar.

Gail Wasil who arranged the pot luck and oh, BTW, is a fabulous cook.

Nancy Hegelheimer for the personalized tour of the Rancho home and gardens

Judy Hess and **Alison** Reid for taking Kirsten to the Long Beach Art Museum for a fun exhibit and lunch

For all the Soroptimists who came to the Long Beach Playhouse to support Meals on Wheels and engage Kirsten in conversation

Gail Wasil who showed our guest the amazing port of Long Beach

Josephine Fitzspatrick who took Kirsten shopping at Nordstrom's - Kirsten's mother's maiden name.

Donna and Frank Skinner who hosted a lovely party in their home

President Wendy Puzarne and **Terry** Erickson for showing off our own Queen Mary and

Wendy Puzarne who took our happy guest to the airport for her trip home.

Jaye and **Rick** Johnson who planned and would have thrown a wild Cinco de Mayo party and

To my husband Stan who made delicious breakfasts including his famous Eggs Benedict and Blueberry pancakes.

Glad to be a part of SILB,

Michele Wilkosz, Home Host

NEW MEMBER INDUCTION

Welcome to 2013/2014 new members **Denise Desmond**, **Alison Reid**, **Nadia Vega-Sharrar**, and re-turning member **Judy Griffin**



OFFICERS

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Rosalie Rowe

President-Elect

Jodean Pelzman

Recording Secretary

Josephine Fitzpatrick

Corresponding Secretary

Sally Lane

Treasurer

Wendy Puzarne

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Member Services

Judy Hess

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Nominating Committee

Jodean Pelzman

Maggie Shapiro

Regional Delegates

Lori Brault

Maggie Shapiro

Alternate Regional

Judy Pedneault

Alternate Federation

Jodean Pelzman



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www.si-longbeach.org

SOROPTIMIST RESOURCES

www.soroptimistinternational.org

www.soroptimist.org (S.I.A.)

www.caminorealregion.org (region)